

DO IT FOR YOUR HEALTH!

Mammography
saves lives...
..one of them
may be yours



Did you know
almost 85% of
women
diagnosed with
breast cancer
have no
family history
and
one in six
breast cancers
occur between
ages 40-49!

What is a Mammogram?

A mammogram is a specific type of breast exam used to aid in the early detection and diagnosis of breast diseases in women. This quick medical exam uses a noninvasive X-ray, targeting each breast. It produces pictures that your doctor can use to identify and treat any abnormal areas, possibly indicating the presence of cancer.

Annual mammograms can detect cancer early – when it is most treatable. In fact, mammograms show changes in the breast up to two years before a patient or physician can feel them.

By not getting annual mammograms starting at age 40, you increase your chances of dying from breast cancer and the likelihood that you will experience more extensive treatment for any cancers found.

A mammogram does not require a physician order; you can call at your convenience and make your appointment.

**To make your mammography appointment, call
Glenn Medical Center Radiology Department,
(530) 934-1804, Monday-Friday, 8 am – 5 pm.**



Caring for you and our community
www.glenmed.org